



City of West Hollywood **Recreation Services**

8300 Santa Monica Blvd. West Hollywood, CA 90069 (323) 848-6308 www.weho.org

West Hollywood City Council

Mayor John J. Duran Mayor Pro Tempore John D'Amico Councilmember John Heilman Councilmember Lindsey P. Horvath Councilmember Lauren Meister

Facilities and Recreation Services Department

Director Steve Campbell

Recreation Services

Manager

Stephanie Martinez

Recreation Supervisor

Marina Rabinovich

Aquatics Supervisor

Cortez Jordan

Recreation Coordinators

Michael Gasca Clavon Jubrey Susana Salazar

REGISTRATION INFORMATION

Please visit weho.org/recreation to create an account. The process is very easy:

- 1. Log on to weho.org/recreation and click the Recreation Online link.
- 2. Create an account for an adult in the household by clicking on the "Create an Account" button. You do not need to make a separate account for your child/ children. You will have an opportunity to add children and other family members to your account during the process.
- 3. Once your account has been created, you can register, and pay for programs using a credit card. You can still pay with a check or money order (no cash) at either the Plummer Park or West Hollywood Park offices, but you must create an account in order to do so.
- 4. We recommend you set up your account before the registration date of programs to help speed up the process for you.

Sunset Blvd

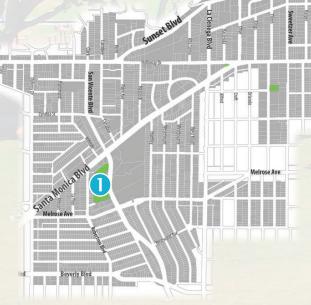
SUMMER REGISTRATION BEGINS

May 15, 2018 at 10 am for residents May 17, 2018 at 10 am for non-residents

MARK YOUR CALENDAR! **FALL REGISTRATION BEGINS**

August 14, 2018 at 10 am for residents August 16, 2018 at 10 am for non-residents





West Hollywood Park (323) 848-6534

647 N. San Vicente Blvd., West Hollywood, CA 90069

Park Hours: 6 am - 12 midnight Office Hours: 9 am - 10 pm Tiny Tot Building: (323) 848-6537

West Hollywood Aquatics Center (323) 848-6538

647 N. San Vicente Blvd., West Hollywood, CA 90069

Plummer Park (323) 848-6530

7377 Santa Monica Blvd., West Hollywood, CA 90046

SEE PAGE 23 FOR MORE PARK FACILITIES

Park Hours: 6 am - 10 pm Office Hours: 9 am - 10 pm

The WeHo Rec Reader is published four times a year by the City of West Hollywood's Recreation Services Division.

FROM THE DIRECTOR

This summer, the City of West Hollywood will celebrate "Parks and Recreation - A Lifetime of Discovery" by recognizing July as *Park and Recreation Month*. It's the perfect time to get out and discover all of the great things happening at your local parks and recreation centers. There are many "undiscovered" roles of parks and recreation and we can't wait to celebrate them all with you! #DiscoveryJuly

PARKS AND RECREATION

PARKS AND RECREATION

OF DISCOVERY

MRDAYS PARK AND RECREATION MONTH-JULY 2018

The City of West Hollywood's camp staff is excited to spend the summer with new and returning campers creating lasting memories and enjoying new adventures! This season, 'Camp West Hollywood' has been extended to nine weeks. This matches the entire length of LA Unified School District's summer break. We are also bringing back some popular specialty camps such as 'Splash Camp' and 'Hoops University Basketball Camp,' as well as 'Tot Time Camp' for the younger generation of $3\frac{1}{2}$ - 5 year olds.

The Recreation team is also bringing a variety of programs to the community by going mobile. 'Rec 'N' Roll' is being offered at our beloved Kings Road Park. Participants will enjoy the great outdoors with fun arts & craft projects, sporting activities, board games and more. 'Pop-Up-Play' was a huge hit with spring-time participants and we are excited for you to join us for the 'Imagination Station Summer Edition,' where we will explore recycled materials and tap into your creativity using eco-friendly items.

We have some exciting activities planned with our teens this summer including exploring new hiking trails, camp sites, and beaches. The Teen Program will also host two pool parties including the 'Glow in the Dark Back to School Party' and provide volunteer assistance at 'Movies in the Park' and 'National Night Out.'

Aquatics is sprucing up the Water Fitness classes by creating a 'Just Add Water Fitness Club' - a series of water aerobics courses that are sure to get you moving and grooving. We are also rolling out a fully revamped swimming lesson program 'Star Fish Swimming' which is certified through the Star Fish Aquatics Institute.

As always, the Farmers Market will be filled with fresh seasonal produce and hot food vendors. Come enjoy a quick lunch along with the 'Summer Entertainment Series.'

Of course, we will continue hosting an array of special events all summer long with great programs like 'Dive-in/Movies in the Park,' 'Family Fun Fridays,' 'Olympic Teen Pool Party,' 'Hollywood Summer Nights Senior Dance,' 'Just Add Water Fitness Extravaganza,' and 'Junk in the Trunk Community Rummage Sale.'

Join us to see what can be discovered and to see what Summer feels like in WeHo!

Sincerely, Steve Campbell, Director Facilities and Recreation Services Department

Bummer Kick Off Dive-In Movie: Moana

Ages: All Ages | Min: 5 | Max: 150 | Location: West Hollywood Aquatic Center

Date: Saturday, June 30 | Time: 6:45 pm - 7:45 pm - Social Hour w/ Snacks 7:45 pm - 9:30 pm - Movie | Cost: FREE!

In celebration of July's Park & Recreation Month, the West Hollywood Aquatic Center is bringing back the Dive-In Movie!! Please join us for a fun-filled evening of swimming and chilling under the stars!! Please see page 18 for seating information.



COCO

JULY IS PARK AND RECREATION MONTH Saturday, July 21

Arts & Crafts, Trivia and Giveaways

SMURFS: THE LOST VILLAGE NATIONAL NIGHT OUT

Tuesday, August 7

National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community and provides a great opportunity to bring Sheriff's and neighbors together under positive circumstances. Join the Neighborhood Watch groups for barbecue, live music, and giveaways.

Arts & Crafts, Trivia and Giveaways

- → Movies Start at Dusk → Arts & Crafts Start at 6:00 pm
- → For more information please call (323) 848-6530.







40 DAYS OF LGBTO ARTS - MAY 22 - JUNE 30





Each year the City of West Hollywood celebrates Pride with its One City One Pride LGBTQ Arts Festival, which runs from Harvey Milk Day, May 22, to June 30. Highlights include:

May 22: Free Staged Reading of 'Dear Harvey' and official kick-off

May 30: Lillian Faderman presents her new book 'Harvey Milk: His Lives and Death'

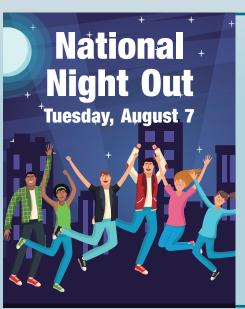
June 2: A special full day of screenings and panels

June 13: Special excerpted performances of songs from the opera 'Considering Matthew Shepard' with a talkback with composer Craig Hella Johnson

June 22 & 23: New Stages presents 'Heroic Lives,' a musical based on real senior's lives

June 30: TransLife LA PoPUp Film Festival

For more details, visit www.weho.org/pride or follow @WeHoArts



This year marks the 35th annual National Night Out program, a unique crime prevention event aimed at promoting civic participation, law enforcement and community partnerships, and neighborhood camaraderie. National Night Out gives Neighborhood Watch groups an opportunity to host large scale block parties with barbeques, live music, and lots of free giveaways in a festive setting. The Recreation Services Division participates by hosting 'Movies in the Park'. Major commercial establishments get involved, such as The Gateway in West Hollywood. It's a night where residents can come out and party in the streets! weho.org/nno



Summer Sounds

WEST HOLLYWOOD

SUMMER SOUNDS 2018FREE Outdoor Sunday Concert Series

All concerts are free to attend. First come, first served seating is provided. For more information, music samples, and parking information, visit:

www.weho.org/summersounds.

www.weho.org/arts

@wehoarts

#summersoundsweho

Summer at Plummer

Plummer Park, 7377 Santa Monica Boulevard

Mariachi Arcoiris de Los Angeles

Date: June 24 | Time: 5 pm

The world's first and only LGBTQ mariachi! https://summersounds-june2018.eventbrite.com

Jungle Fire

Date: July 22 | Time: 5 pm

Afro / Latin / Funk

https://summersounds-july2018.eventbrite.com

Jazz at Kings Road

Kings Road Park, 1000 N. Kings Road

The Lady Lucks

Date: August 19 | Time: 5 pm

All Female Swing Band

https://summersounds-aug2018.eventbrite.com

Carol Bach-y-Rita

Date: September 16 | Time: 5 pm

Brazilian / Jazz

https://summersounds-sept2018.eventbrite.com





City of West Hollywood to Host FREE DOCUMENT SHREDDING AND ELECTRONIC WASTE COLLECTION EVENT

Event will Take Place on Saturday, July 14 at Cedars-Sinai Employee Parking Lot.

The City of West Hollywood is hosting a free document shredding and electronic waste collection event. West Hollywood residents and businesses are invited to bring confidential files for shredding and unwanted electronics for recycling. The free document shredding and electronic waste collection event will take place on Saturday, July 14 from 9 am to 12 pm at the Cedars-Sinai employee parking lot, located at 355 N. San Vicente Boulevard. Document shredding will be done on-site, so participants can watch their documents being destroyed.

Electronics accepted for recycling include televisions, computer monitors, personal computers, DVD and VCR players, printers, scanners, radios, video-game consoles, cellular phones, tablets, stereos, fax machines, keyboards, mouse devices, telephones, microwaves, and more. The City will be again offering free on-site hard drive shredding, as well.

For more information or for a complete listing of what you can and cannot bring to the document shredding and electronic waste collection event, please call (323) 848-6404. For people who are deaf or hearing impaired, please call TTY (323) 848-6496.

CITY OF WEST HOLLYWOOD'S RECREATION SERVICES DIVISION PRESENTS

JUNK in TRUNK community market



Saturday, July 14 9:00 am - 1:00 pm

Plummer Park, 7377 Santa Monica Boulevard North Parking Lot (corner of Fountain Ave. and Vista St.)

Put your junk in your trunk for a rummage sale!

\$15 advanced registration required for sellers (one space per family). **Free admission for shoppers.**

For sellers:

- Yard sale items only no vendor goods
- Set-up begins at 8 a.m. no cars will be permitted to enter after 9 a.m.
- Compact cars and SUVs only no oversize vehicles
- One canopy allowed per spot no bigger than 10'x10'

Register at weho.org/recreation Activity#: 8725

Questions? Please call (323) 848-6546







Family Fun Fridays

Join us for a "Family Fun Friday"! Take a night off and spend some quality time with your family!

One Friday out of each month we will host a unique activity for the whole family to enjoy!

→ June 22 *

FAMILY GAME NIGHT "MINUTE TO WIN IT"

Come out and enjoy a family night of fun at West Hollywood Park's first Family Game Night. Bring your family and friends and join us for snacks, board games, "Minute to Win It" contests, and more! This will be the perfect opportunity for you to spend with your families, friends and neighbors.

Time: 6 pm - 9 pm
Activity#: 8727
Min: 5 | Max: 40
Ages: 5 and up
Location: West Hollywood
Park, Auditorium
Staff: Sam and Angelina
Fee: \$5 per person

¾ July 13 K

PARENT AND ME MASQUERADE BALL

Hear Ye! Hear Ye! 'Tis time for

a magical night for parents and children! The magnificent day is here at last, refreshments and dancing, a dynamic blast! Find a mask and wear it well, so your true identity no one can tell. There will be contests throughout the night, including the crowning of royal court. All guests will receive a keepsake parent and me photo.

Time: 6 pm - 9 pm
Activity#: 8728
Min: 5 | Max: 40
Ages: 5 and up
Location: West Hollywood
Park, Auditorium
Staff: Sam and Angelina
Fee: \$5 per person

→ August 3 🕌

PARENT AND ME '50S SOCK HOP

Put on your blue suede shoes and grab your best pal! Get ready to twist & shout and shake it all about at West Hollywood Park's '50s Sock Hop. We need the slickest greasers and the best pink ladies for the crowning of our '50s royal court. Refreshments will be provided. All guests will receive a keepsake parent and me photo.

Time: 6 pm - 9 pm
Activity#: 8729
Min: 5 | Max: 40
Ages: 5 and up
Location: West Hollywood
Park, Auditorium
Staff: Sam and Angelina
Fee: \$5 per person

July is Park and Recreation Month



The City of West Hollywood's Recreation Services Division is excited to be celebrating 'July is Park and Recreation Month'. Learn to swim this summer, come along to the Gondola Getaway excursion, or join us for a Movie in the Park under the stars. Whatever way you choose to spend your summer, we encourage you to discover all that WeHo Rec has to offer as we embark on this adventure through July! Look out for themed activities and Parks Make Life Better giveaways as "A Lifetime of Discovery" awaits you at our parks and programs.

We invite you to check out our fun programs and exciting special events as we #DiscoverJuly.

June 30 Summer Kick-Off Dive-in-Movie

July 2 - July 30 Mondays @ Farmer's Market - Summer Entertainment Series

July 2 - July 27 Camp West Hollywood: Week 4 - 7

July 2 - July 12 / July 16 - July 31 WeSwim - Swim Lessons

July 3 - July 31 Pop-Up-Play T/W/F @ West Hollywood Park and T/W @ Plummer Park

July 5 - July 26 Beginning French for Fun and Travel

July 6 and July 20 Rec 'N' Roll Mobile Recreation

July 7 Self-Care 101 - Trigger Point Massage

July 7 Just Add Water - Fitness Extravaganza

July 7 Teen Beach Day - Huntington Beach

July 8 Excursion - Gondola Getaway

July 9 - July 27 Hoops University - Summer Basketball Camp

July 13 Parent and Me Masquerade Ball

July 14 Junk in the Trunk

July 14 Teen Olympic Pool Party

July 16 City Council Meeting - July is Park and Recreation Month Proclamation

July 18 Teen Beach Day - El Matador Beach

July 20 Teen weHike - Bronson Park

July 21 Movies in the Park - Coco

July 28 Hollywood Summer Nights - Senior Dance

July 30 - August 3 Splash Camp

Welcome to 9 Weeks of Summer!

Calling all campers to spend the summer with us! City of West Hollywood Recreation Services Division is offering a variety of weekly themed camps to explore your child's interests. Each week is action packed with unique activities, free swim at West Hollywood Aquatics Center, and exciting field trips. Camp West Hollywood promotes creativity, safety and wellness, physical activities, building positive relationships, and creating new memories. Campers must wear their camp shirts daily (2 camp shirts will be handed on the first day of camp; you may purchase more at \$5 each). Campers must also bring a lunch and two snacks for morning and afternoon. Sign up for one of our weeks or all nine!

Ages: 6 – 11 years* | **Cost:** \$150 per week

*Proof of age must be submitted in person two weeks prior to the start of camp.

Location: Plummer Park, Great Hall

7377 Santa Monica Blvd., West Hollywood | (323) 848-6530

Lead Counselor: Michelle | Min: 45 | Max: 60 Days: Monday - Friday | Time: 8:00 am - 5:30 pm

Registration/Deposit Information

Non-refundable deposit of \$75 per week per camper at the time of registration is required to reserve a space in camp. Complete payment is due on the Monday, two weeks prior to each week you are registered for camp. Failure to pay the remaining balance on time will result in the forfeiture of your child's day camp spot for that week and forfeiture of the \$75 deposit.

Camp Payments and Refund Policy

- Credit card only form of payment accepted for all deposits and balances.
- You may pay with check/money-order if you are paying for all your weeks in full at the time of registration.
- Requests for withdrawals, refunds, credits or transfers for all Recreation Programs require written notice via email to recreation@weho.org ten days prior to start date of the program. Submitting a refund request does not ensure the refund will be granted.
- Make-up classes, credit or refund will NOT be given for any dates missed by patron for any reason.
- Full refunds/credits are available for camps cancelled by the City.
- Credit card transactions will be refunded to the same credit card within five business days.
- A \$5 administration fee will be charged per transaction per participant.

Late Pick-Up Policy

Parents and/or Guardians must pick their camper up ON TIME at the end of each camp day. THERE IS NO GRACE PERIOD. Should the participant be picked up late, a \$1 per minute late fee will be charged, starting the minute after the end of camp. Late fees must be paid (check or credit card only) before the child can return to the camp program. If a parent or guardian is repeatedly late picking up their child, they risk suspension from the program without refund.

Questions? Call (323) 848-6530



Registration Dates

- May 15 (Residents) at 10:00 am
- May 17 (Non-Residents) at 10:00 am

Visit <u>www.weho.org/recreation</u> to register. You may sign up for one or all nine weeks at the same time. Spaces are limited.

Ages: 6 · II years | Cost: \$150 per week

payment plan option · credit card only
pay in full with check/money order or credit card.

Parent Orientation:

Saturday, June 2, 3:00 - 4:00 pm at Plummer Park, Great Hall. Proof of age must be presented two (2) weeks before the start of camp. The following original documents will be accepted as proof: Birth Certificate, Passport, Child's State ID, or Medical Card. We do not keep the documentation, we simply check it off in our system and verify the age with the birthdate on the account.

Week I: Camp WeHo Spirit Week

Join us for this fun-filled, action packed week and show us your camp spirit! We'll have special theme days and so much fun playing wacky games. Camp cheers are a must, as well as a little competition, so we'll be playing minute to win it games as our final competition. Come on down and don't miss this week, because YOU are the one for who we seek! Field Trip: Knott's Berry Farm

295 June 11 - June 15 M - F

Week 2: Superhero Training

It's a bird, it's a plane, it's a SUPER camper! Come to the ultimate superhero training camp where you will unite with other superhero's as we invent your own character and learn how to save the day. We'll design costumes, create superhero powers, go through superhero obstacle trainings and bring your superhero to life on Friday for dress up day. Field Trip: El Capitan Theater

8296 June 18 - June 22

M - F

8 am - 5:30 pm

8 am - 5:30 pm

Week <mark>3: Safari Adventure</mark>

Join us for a safari adventure! If you like animals... then this is the place to be!!! We will be taking our imagination on a stroll around the safari and becoming the tour guides for our own adventure. It will be SAFA-RIFIC ZOOTOPIA kind of week filled with animal inspired arts and crafts, games, and challenges such as scavenger hunts and more! Field Trip: Scooter's Jungle

8297 June 25 - June 29

Week 4: Monster Mash

Eeek! Roar! There's so much fun in store! Calling all campers everywhere to come have a blast at our Monster Mash! Join us for a week of smiley, slimy, googley eyed creatures as we explore the monster world. Bring your imagination to life as we create monsters of our own. Field Trip: Mulligan Family Fun Center

8298 July 2 - July 6
*No camp, Wednesday, July 4

M - F

8 am - 5:30 pm

Week 5: Showstoppers

Lights, Camera, Action! Inside everyone is a superstar waiting to be born. Let us help you discover your hidden talent. There will be no shortage of fun as we sing, act, dance, and shake our way to the stage through this show stopping week. Field Trip: Skateland

8299 July 9 - July 13

M - F

8 am - 5:30 pm

Week 6: Summer in Space

Calling all astronauts! Join us for an out of this world experience as we blast off into space. This week, we will take an out of this world adventure into our solar system, by creating space related crafts such as jet packs, nebular jars, galaxy slime and more! Field Trip: Ultra Zone Laser Tag

8730 July 16 - July 20

M - F

8 am - 5:30 pm

Week 7: Incredible Athletes

Game time, it's on! Put on your gear and get ready to play, an All-Star Team is needed right away! This week is all about bringing out your inner athlete; we'll include skills, drills, and all the thrills to be the best that you can be in a variety of sports. Field Trip: Big Air Trampoline Park

3731 July 23 - July 27

M - F

8 am - 5:30 pr

Week 8: Under the Sea

Under the Sea is where the party will be! Join us as we explore the deep blue sea. Come aboard as we explore life under the sea through nature and craft projects, storytelling, skits, and friendly competitions. Of course, no Under the Sea week would be complete without some wet, wild, and wacky water games that will also help us beat the summer heat! Field Trip: Aquarium of the Pacific

8732 July 30 - August 3

M - F

8 am - 5:30 pm

Week 9: Secret Spy School

You're invited to a special, top secret spy camp! Your presence is requested; please report to Camp Weho Spy Headquarters! Your mission, should you choose to accept it is to come and have fun! You will be fingerprinted, disguised, and given further instructions; this mission is of the utmost urgency! Field Trip: Adventure City

873<mark>3 August 6 - August 10</mark>

M - F

8 am - 5:30 pm



Register in advance! Camp must reach minimum to run.

Splash Camp (Half-Day)

Dip, Dive, Dash & Splash! Get in the pool for water games, team challenges and some swimming instruction. All splash camp counselors are certified lifeguards. Campers must bring their own snack.

Ages: 6 - 13 years | Cost: \$170 | Min: 10 | Max: 60

Location: West Hollywood Aquatic Center Camp Counselors: WH Aquatics Lifeguard Staff

8320 July 30 - August 3 M - F 12 pm - 5:30 pm 8321 August 6 - August 10 M - F 12 pm - 5:30 pm



Hoops University Summer Basketball Camp

At Hoops University, your tots and tweens will learn the fundamentals of basketball, sportsmanship, camaraderie, and organization. Our programs are designed so that our students become stellar competitors and leaders on and off the court. At Hoops Uni, students will receive individual as well as group instruction on basketball basics like shooting, dribbling and passing. Our kids will put their skills to the test in full-court basketball games, and they'll have opportunities to win prizes and trophies based on their performance and participation. Hoops Uni is directed by Keith Davis, former collegiate and international professional basketball player. Hoops Uni gives your family an outlet that will keep your kids physically fit while engaging them in new and challenging experiences. *Bring a snack, lunch and water.

Ages: 7 – 13 years | Cost: \$140 | Min: 10 | Max: 20 Location: West Hollywood Park, Basketball Courts

Instructor: Coach Keith Davis

8307	June 18 - June 22	M - F	9 am - 3 pm
8308	June 25 - June 29	M - F	9 am - 3 pm
8309	July 9 - July 13	M - F	9 am - 3 pm
8310	July 16 - July 20	M - F	9 am - 3 pm
8234	July 23 - July 27	M - F	9 am - 3 pm

EXCURSIONS

Lake Arrowhead

Ages: All Ages | Cost: \$35 | Location: Meet at Plummer Park South Parking Lot Depart at: 9 am | Return at: 7 pm | Min: 30 | Max: 47 | Staff: Dana

8035 June 16 Saturday 9 am – 7 pm



This afternoon enjoy a ride aboard the "Arrowhead Queen" (included). Experience the beauty and excitement of a 1-hour narrated tour of Lake Arrowhead. Enjoy the splendor and serenity of Arrowhead's lush forest, sparkling water, blue skies and fascinating history. There will be time in the Village for browsing through the shops before returning home.

Gondola Getaway

Ages: All Ages | Cost: \$45 | Location: Meet at Plummer Park South Parking Lot Depart at: 9:30 am | Return at: 4:30 pm | Min: 30 | Max: 47 | Staff: Dana

8303 July 8 Sunday 9:30 am – 4:30 pm

We are off to Belmont Shores for a 1-hour gondola ride through the Naples Canal (included). Enjoy gliding through the tranquil waterways on an authentic gondola and your experienced gondolier will serenade you through the canal. You can bring your own snacks & beverages on board. After our gondola ride, we are off to Shoreline Village for food and shopping on your own.

Glendale Center Theatre Mary Poppins

Ages: All Ages | Cost: \$40 | Location: Meet at Plummer Park South Parking Lot Depart at: 11:30 am | Return at: 6:30 pm | Min: 30 | Max: 47 | Staff: Dana 8304 August 11 Saturday 11:30 am - 6:30 pm

Winner of 3 Tony Awards! Disney's and Cameron Mackintosh's beloved Mary Poppins flies into Downtown Glendale and lands on GCT's magical stage! This show is practically perfect in every way and includes all of your favorite songs including, "Spoonful of Sugar," "Chim Chim Cher-ee," and "Let's Go Fly a Kite!" We'll arrive near the theater for time on your own for lunch (Porto's is across the street). Doors open at 2:00 pm with the performance starting promptly at 3:00 pm. Seating is first come first serve, but there isn't a bad seat in the house.

Excursion Information





All trips are wheelchair accessible, unless otherwise noted. Please be advised that all trips will involve extended walking, standing, and sitting.

- A valid picture ID is required on the day of excursion.
- The bus pick up will be in front of the Community Center in the south parking lot at Plummer Park (7377 Santa Monica Blvd). Boarding of the bus will occur 15 minutes prior to departure. The bus will not wait for late arrivals. No refunds will be given for late arrivals.
- To obtain a full refund you must notify the Recreation Division in writing 10 days before the excursion. After 10 days and/or after the excursion has occurred, refund will be given only for reasons of injury or illness; verification is necessary. An administration fee of \$5 will be charged for all refunds.
- We have the right to refuse service to any person whose behavior may be detrimental to the enjoyment and/or welfare of others.
- We have the right (with or without notice) to make cancellations or changes on trips as necessary.

- There will not be assigned seating; however participants will be seated in the same seats going and coming.
- For accessibility consideration, please notify the Plummer Park office upon registration. (323) 848-6530.
- Registration can be made online at www.weho.org/recreation at the Plummer Park office, West Hollywood Park Office and City Hall. Reservations will not be taken by phone.
- Full payment for trips is required at the time of registration, credit card, check or money order ONLY! If multiple tickets are purchased, refund will only be given to the name and address on the check or money order.
- Please be prepared with a sweater, sunblock, hat, and umbrella in case of climate change.

Tiny Tots (Parent and Me)

Tiny Tots promotes a

safe class environment for children while helping build their self-confidence. Tots will explore through art projects, stories and activities. Tiny Tots is a developmental program in a recreational setting. Music, indoor and outdoor play is offered while encouraging the children to play, learn and have fun. This also gives a child practice in sharing, problem solving and socialization in small and large groups. *Parent participation is required, 1 to 1 ratio parent to child.

Please Note: No-shows will have their spot forfeited after the first week of the program. Proof of age (birth certificate, medical card, state ID) must be submitted in person two weeks prior to the start of the class.

Ages: 1 ½ – 3 ½ years **Min:** 5 | **Max:** 15

Location: West Hollywood Park, Tiny Tot Building

Staff: Mrs. Cecilia and Mr. Chris Cost: \$96 per each 8 week session (morning or afternoon)

8735 June 19 – August 9 (Morning Session)
T/Th 10 am – 12 pm
8736 June 19 – August 9 (Afternoon Session)
T/Th 2 pm – 4 pm

KIDZ LOVE SOCCER Mommy/Daddy & Me Soccer

Introduce your toddler to the world's most popular game! As you and your child participate in our fun age appropriate activities, your child will be



developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! All kids receive a Kidz Love Soccer jersey!

Ages: 2 – 3 ½ years | Min: 5 | Max: 15 Location: Plummer Park, Vista Lawn

Staff: Kidz Love Soccer **Cost:** \$67 / 5 week session

8312 June 12 – July 10 T 5:30 pm – 6 pm 8313 July 31 – August 28 T 5:30 pm – 6 pm

TOTS

Tot Time Camp

Tot Time encourages confidence and creativity, while providing age-appropriate, skill-building activities that foster learning through arts & crafts, music, movement, children's literature, as well as number and letter recognition. Positive social behavior and hands-on experiences are explored daily and promoted in a developmental setting. Time is a small beginning to preparing a child for school.

*Participants MUST be potty-trained and be able to use the restroom independently. No exceptions.

Please Note: No shows will have their spot forfeited after the first week of the program. Proof of age (birth certificate, medical card, state ID) must be submitted in person two weeks prior to the start of the class.

Ages: 3 ½ – 5 years | **Min:** 5 | **Max:** 16

Location: West Hollywood Park, Tiny Tot Building

Staff: Mrs. Cecilia and Mr. Chris Cost: \$205 per 8 week session

June 18 - August 10* 9 am - 2 pm

*No camp, Wednesday, July 4



KIDZ LEVE SECCER **Tot/Pre-Soccer**

Enjoy running and kicking just like the big kids! Learn the basic techniques of the game while building selfesteem and learning to follow instructions in a nurturing teaching environment. Each participant receives a Kids Love Soccer jersey! Shin guards are required after the first meeting.

Ages: 3 ½ – 4 years | Min: 5 | Max: 15 Location: Plummer Park, Vista Lawn

Staff: Kidz Love Soccer Cost: \$67 / 5 week session

June 12 - July 10 4:45 pm - 5:20 pm 8317 July 31 – August 28 4:45 pm - 5:20 pm

YOUTH

Pop-Up-Play (Imagination Station Summer Edition)

It's time for some Summer fun! Kids of all ages and abilities can play together and discover the great outdoors with Pop-Up-Play. Check out our giant-sized games such as Cornhole,



Spikeball, Lawn Bowling, Tic-Tac-Toe, Connect Four, and more. On Fridays, we will explore recycled materials where kids can tap into their own creativity using eco-friendly items.

Ages: 4 – 11 years | **Min:** 5 | **Max:** 20

Location: West Hollywood Park (near the playground) / Plummer

Park (near the playground) Staff: Recreation Services Division

Cost: FREE *no registration needed

8742 June 19 - August 31* T/W/F 3 pm - 5 pmJune 19 - August 29* T/W 3 pm - 5 pm*No program, Wednesday, July 4

Rec 'N' Roll **Mobile Recreation**



Enjoy recreation in the great outdoors at Kings Road Park this summer. When the Rec 'N' Roll team rolls into your neighborhood park, you'll have fun with board games, sidewalk chalk, sports equipment, craft projects and much more.

Please Note: This is a drop-in program. Children and parents are responsible for their own arrival and departure time, as well as the length and level of participation. A signed participation waiver is required.

Time: 1:30 pm - 3:30 pm

Ages: 4 - 10 years | Min: 5 | Max: 20

Location & Dates:

Kings Road Park: July 6 & 20, August 3 & 17

Staff: Recreation Services Division Cost: FREE *no registration needed

KIDZ LOVE SOCCER Soccer 1: **Techniques and Teamwork**

Learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Perfect for first time players, while being fun and engaging for kids with some experience. All participants receive a Kids Love Soccer jersey! Shin guards are required after the first meeting.

Ages: 4 – 5 years | **Min:** 5 | Location: Plummer Park, Vista Lawn

Staff: Kidz Love Soccer Cost: \$67 / 5 week session

8314 June 12 – July 10 4 pm - 4:45 pm 8315 July 31 – August 28 4 pm - 4:45 pm

WEST HOLLYWOOD TEEN CENTER

Location: 7377 Santa Monica Blvd. | Phone: (323) 848-6532 | Ages: 9 - 18 years | Teen Center Staff: Amy and Aldin

Hours: Tuesday - Friday 3 pm - 8 pm & Saturday 12 pm - 7 pm | Cost: FREE

Summer Hours, June 12 - August 11: Tuesday - Friday 2 pm - 8 pm & Saturday 12 pm - 7 pm

Closure Dates: Tuesday, June 5th - Saturday, June 9th and Wednesday, July 4th

Located in the Plummer Park Community Center, the Teen Center is a place dedicated to offering a variety of flexible, recreational and structured enrichment activities to youth and teens between the ages of 9 - 18 years. Dedicated staff plan and implement these programs while keeping the participant's intellectual and social skills in mind. In addition to the daily activities, the Teen Center sponsors

a variety of dances, special events and excursions.

Activities include: Pool, Video Games, Movie Nights, Computers, Tournaments, Volunteer Opportunities and more! Stop by and pick up a monthly calendar because we always have new and exciting things to do every single month.

Teen Chef

Be part of our culinary Teen Chef program and help prepare the dish of the week. Learn basic cooking skills and the joys of healthy, nutritious cooking. All supplies are provided.

Wednesdays 5 pm - 6:30 pm

Teen DIY Projects

It's time to get out of the house and get crafty with simple DIY projects for the summer. Join us in making many different projects.

8753	June 21 - Tie Dye Socks	Thursday	3:30 pm - 4:30 pm
8754	July 26 - Stress Ball	Thursday	3:30 pm - 4:30 pm
8755	August 23 - String Art	Thursday	3:30 pm - 4:30 pm

Teen "Me Day"

When was the last time you took a "Me day"? It's time to take care of you! Relax and enjoy a day filled with nose strips, face mask, skin care, lip balm, bath bombs and other self-care tips to make you feel better.

8773	July 13	Friday	5 pm - 6 pm
8774	July 27	Friday	5 pm – 6 pm
8775	August 10	Friday	5 pm - 6 pm
8776	August 17	Friday	5 pm - 6 pm

Teen Cook-Off

The heat will be turned up for Teen Cook-Off! A cooking competition between two teams; each team prepares dishes for the Teen Cook-Off judges. Show off your cooking skills!

8777	June 16 - Baked Ziti	Saturday	2 pm – 6 pm
8778	July 28 - Sweet & Sour Chicken	Saturday	2 pm - 6 pm
8779	August 17 - Enchiladas	Friday	2 pm - 6 pm

Volunteer Opportunities

Enjoy the satisfaction of participating in service projects and the benefits of volunteering. Volunteer hours are valid for High School graduation requirements. Earn 25 hours and you are eligible for special trips to Magic Mountain, AMC Movies, sporting games, and other cool places.

Dive-in Movie, West Hollywood Aquatic Center

June 30 Saturday 5 pm - 9 pm

Movies in the Park, West Hollywood Park

July 21 Saturday 5 pm - 9 pm

National Night Out / Movies in the Park, Plummer Park

August 7 Tuesday 5 pm - 9 pm



Teen S.A.S.

Are you Serious About Science? Rainbow Roses, Bottle Rockets and Fluffy Slime are some of the cool experiments will be doing this summer. Want to know how to get started? Then the Teen Center is the place to be!

8780	June 12 - Rainbow Rose	Tuesday	5 pm - 6 pm
8781	July 17 - Bottle Rocket	Tuesday	5 pm - 6 pm
8782	August 14 - Fluffy Slime	Tuesday	5 pm – 6 pm

weHike

Join the Teen Center for a nice brisk hike, while creating friendships and developing your leadership skills. We'll escape the city life and explore local hiking trails.

8760	June 22 - Franklin Canyon	Friday	4 pm – 7 pm
8761	July 20 - Bronson Park	Friday	4 pm – 7 pm
8762	August 24 - Griffith Park	Friday	4 nm – 7 nm

Leadership Crew

Commitment, communication & organizing! Does that sound like you? If so, then the Leadership Crew is where you need to be this summer. Teen participants will help create the monthly calendar, plan special events and provide ideas for future volunteer opportunities for the Teen Center. The Leadership Crew meets twice a month and is designed for determined passionate teenagers who are serious about making an impact.

8783	June 1	Friday	3 pm - 4 pm
8784	June 22	Friday	3 pm – 4 pm
8785	July 20	Friday	3 pm – 4 pm
8786	July 27	Friday	3 pm - 4 pm
8787	August 3	Friday	3 pm - 4 pm
8788	August 17	Friday	3 pm - 4 pm

Olympic Pool Party

Let's make a splash to celebrate the summer time. Time to take advantage of these long nights, and get this summer started off right. We will host an Olympic themed water games event at the West Hollywood Aquatics Center. Get your "team" ready to go for the GOLD! Must register online to be able to attend this event.

Location: West Hollywood Aquatic Center

8764 July 14 Saturday 1 pm - 4 pm

YAL Trips:

YAL has a variety of amazing opportunities for teens to be a part of this summer. We will take camping trips that will help your teen grow, build new relationships, self-esteem, and develop

- to be selected to attend any of camping trips below:

 Frequent attendance to the Teen Center program
- Participate in volunteer opportunities
- Exhibit high a level of maturity

For more information please stop by the Teen Center and speak with Deputy Sean Ruiz or Teen Center staff member.

leadership skills. All participants must meet the following criteria

WeHoRun

8765 August 11

Glow in the Dark

Back to School Pool Party

Location: West Hollywood Aquatics Center

Do you want to start running or already love running? WeHoRun is the program for you! Our program will help motivate and push you to new goals.

Be ready to enjoy a night of dancing, games and tons of fun as

we host our first Glow in the Dark Back to School Pool Party.

8767

Tuesday & Thursday 5 pm - 6 pm

Film-Makers of the Teen Center

Lights! Camera! Action! Ever wanted to act, direct, or write a TV sitcom? Do you have dreams of being Hollywood's next big movie star? In this class, we will learn the art of storytelling through television and film. We will use the standard filming equipment and editing tools needed to create short videos that tell a complete, compelling story. We will teach methods of creating behind-the-scenes and acting in front of the camera. Come write the story that will lead you on your way to the big screen!

8768 Thursdays 4 pm - 5 pm

Beach Tours

The Teen Center will explore and tour all the Southern California beaches it possibly can this summer. Come out and enjoy a fun day in the sun with the Teen Center as we embark on a search for sandy beaches and clear warm waters!

8792	June 20 - Santa Monica Beach	Wednesday	10 am - 5 pm
8794	July 7 - Huntington Beach	Saturday	2 pm - 10 pm
8793	July 18 - El Matador Beach	Wednesday	10 am - 5 pm
8795	August 18 - Laguna Beach	Saturday	10 am - 5 pm

West Hollywood Sheriff's Station Youth Activities League (YAL)



The City of West Hollywood Recreation Services Division participates in a successful partnership with the West Hollywood Sheriff's Station Youth Activities League (YAL) to bring new and exciting activities programs to our community youth in the 7 to 18 years age range.

The mission of the YAL program is designed to unite law enforcement and communities by providing youth programs which develop discipline, positive self-image mutual trust and respect. Visit the West Hollywood Teen Center for a calendar of activities.

Outdoor Youth Connection

Castaic Lake State Recreation Area



The Outdoor Youth Connection is a three-day camping trip for youth ages 13 to 17 focused on developing leadership skills. While camping at Castaic Lake State Recreational Area, the youth will learn to PLAN, PREPARE, & LEAD a recreational outing & a public service project. Upon completion of the training, the youth will use the experience and skills learned to organize a camping trip to Leo Carrillo State Beach.

Fridav. June 22 - Sundav. June 24

Camp Courage

Located in the City of Industry's Tonner Canyon,
Camp Courage is filled with challenging rope courses,
zip lines, climbing, arts and crafts, team building, hiking,
campfires, swimming, and archery. Camp Courage is a fun way
for youth to learn new skills and build self confidence in their own
abilities, while bonding with Los Angeles Sheriff's Department
deputies and other mentors. If interested please see Deputy
Sean Ruiz during Teen Center hours for more information.

Ages: 11 - 13 years | Cost: FREE

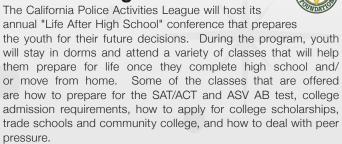
Tuesday, June 26 – Thursday, June 28 Overnight Girls Camp Tuesday, July 10 – Thursday, July 12 Overnight Boys Camp

Leo Carrillo Camping

Join the Teen Center as we take a three-day camping trip to Leo Carrillo State Beach. Our teens that completed the Outdoor Youth Connection leadership training will lead their peers in outdoor recreation activities, team building games, and meals while chaperoned by Teen Center Staff and YAL Los Angeles Sheriff Deputy Sean Ruiz. Space is limited! Speak to Teen Center staff for more information.

Monday, July 30 - Wednesday, August 1

Life After High School



Saturday, August 4 – Wednesday, August 8 California State University, Fresno

ADULTS

Beginning French for Fun and Travel

Learn some of the most frequently used words to help build your French vocabulary. This class is for new French speakers or those looking for a refresher on the language. Classes will include an introduction to French culture as well as useful tips for those planning a trip to France.

Ages: 18+ years | **Min:** 5 | **Max:** 15

Location: Plummer Park Community Center, Art Room 1

Staff: Guille | Cost: \$5

8747 June 5 - June 26 6:30 - 7:30 pm Tuesday 8748 July 5 – July 26 Thursday 6:30 - 7:30 pm August 2 – August 23 Thursday 6:30 - 7:30 pm

Yoga Basics

This class is suitable for beginning yoga students, those with injuries, and ongoing students interested in deepening understanding of proper alignment in their prac-Borrowing from lyengar, Viniyoga and



Anusara traditions, Yoga Basics helps you reduce stress and build flexibility and strength as you discover each pose safely and with proper alignment. Props are provided. Please bring your own mat.

Mark DeWhitt has taught yoga for 13 years at studios and corporations throughout Los Angeles. As a Licensed Certified Massage Therapist, he brings a depth on knowledge of anatomy to his transformative, detail-oriented classes.

Ages: 18+ years | **Min:** 5 | **Max:** 20

Location: Kings Road Park | Instructor: Mark DeWhitt Cost: \$44 per 3 week session / \$55 per 4 week session /

\$65 per 5 week session

8473 June 6 - June 20 Wednesday 12:30 pm - 1:30 pm 12:30 pm - 1:30 pm July 11 – July 25 Wednesday August 1 – August 29 Wednesday 12:30 pm - 1:30 pm

Self-Care 101: **Trigger Point Massage**

"Trigger Points" are "knots" in muscle tissue that may restrict your flexibility. They also create predictable pain referral patters to other areas of the body that seem unrelated. For instance, some back pain can start from a trigger point found in your calf muscle. Who knew? In this workshop you'll learn how to: prevent/ manage common areas of pain and stiffness (neck, shoulders, back and hips) by addressing the possible underlying clauses. You'll also learn how to identify trigger points, apply self-massage safely and effectively, and expand knowledge of your own physical anatomy. *No prior experience necessary. Wear comfortable clothing and bring an exercise mat if you have one. Instructional visual aid download will be provided.

Ages: 18+ years | Min: 5 | Max: 20 Location: Plummer Park, Fiesta Hall

Instructor: Mark DeWhitt | Cost: \$35 per person

8750 July 7 Saturday 10 am - 12 pm

Happy Feet - Ballroom Dance (Drop-in)

This class provides the opportunity to learn ballroom dancing figures through the set of cardio-routine exercises with no partner requirement. Program is beneficial for all ages' health and coordination improvement. Special Requirements: Comfortable shoes and clothes for rapid movement.

Ages: 18+ years

Location: Plummer Park Community Center, Room 1 & 2

Instructor: Lenny Pro

Cost: \$15 (Drop-in) Cash is not excepted

June - August Saturdays 3 pm - 4 pm

*No class on June 9

Ping Pong -**Open Play**

Whether you are a beginner and call it pingpong, or a pro-like player, the City of West Hollywood has created a place for you and your skills, regardless



of your level. Come over to play and meet other enthusiasts and enjoy friendly competition or simply hitting on the tables.

Ages: All Ages

Location: Plummer Park, Fiesta Hall/Rooms 1 & 2

Staff: Alex | Cost: Free! (Drop-in, no registration needed.)

4 pm - 9 pm June - August Fridays

*No program on June 8

Bocce Ball - Open Play

Have you ever played Bocce Ball? If you have, you know how much fun this game can be. Learn the history of the sport, the rules of the game, and so much more! In this open play format, you will learn techniques of how to throw the Bocce Balls as well as strategies for the game. Participants will have the opportunity to test their skills and play amongst each other to have a better understanding of how the game is played.

Ages: All Ages

Location: Plummer Park, Vista Lawn (near Fiesta Hall) Staff: Daniel | Cost: Free! (Drop-in, no registration needed.)

June - August Wednesdays 5:30 pm - 6:30 pm

*No program on June 6, July 4

Los Angeles Volleyball **Organization (LAVO)**

LAVO is a non-profit volleyball organization headquartered right here in West Hollywood.

We provide residents and surrounding areas with open play sessions as well as organized leagues and tournaments. With a following of over 1,500 players, whether you are a beginner or a very advance player, we have a place for you within LAVO. Learn more about us at www.playlavo.org.

Open Play Spring Schedule at West Hollywood Park

High Intermediate	Wednesdays	7 pm – 9:45 pm	\$5
Advanced Open Play	Sundays	10 am - 3 pm	\$5

Dodgeball

WeHo Dodgeball is Southern California's premier adult co-ed dodgeball league. With a rotating membership of over 2,000 players, WeHo Dodgeball provides a healthy mix of fun and competition.

Our soft rubber "no sting" balls help to create an environment that welcomes all people from prom queens to drag queens. Our goal is to provide a fun and active alternative to people looking for a social scene in the West Hollywood area.

While the goal is to eliminate your opponents on the court, the social part of Dodgeball is just as important as the game itself. WeHo Dodgeball's commitment to community outreach is a cornerstone of our operating charter. From fundraising for local charities to participating in health and fitness events, our members partake in a wide-array of charitable endeavors aimed at strengthening our connection to the community we call home. Put on your short shorts and knee pads and get ready to rock out to loud music and throw balls at people.

2 leagues to choose from! Tuesday nights and Thursday nights! Both take place at the West Hollywood Park Auditorium, with games at 7:00 pm, 8:00 pm & 9:00 pm.

Tuesdays: Recreational Division

Registration opens: Wednesday, May 23 at noon

League kicks off: Tuesday, June 19

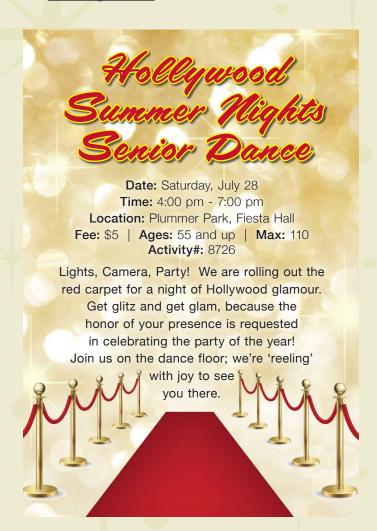
Thursdays: "Thank you for being a friend draft league"

Sign up solo or with 3 of your best golden squirrel friends!

All groups will be randomly drawn onto teams!

Registration opens: Friday, May 25 League Kicks off Thursday, June 14

Visit wehododgeball.com for more information!



SENIOR ACTIVITY CLASSES (AT PLUMMER PARK)



CELEBRATING 160 YEARS OF SERVICE

Argentine Tango

Come join us as we learn the Argentine Tango – "The dance of love" with instructor Vladimir Estrin.

Cost: \$10 West Hollywood Residents, \$13 Non-Residents

Location: Plummer Park, Room 2 Sunday 11:30 am - 1:30 pm

Balance

Learn how to improve your posture and use your body efficiently and safely! Proper posture and greater flexibility improves your balance and helps prevent falls. It can also help you to avoid fatigue and muscle strain. Utilizing simple exercises you will acquire new skills to help you in daily chores such as walking and shifting weight, climbing stairs, maintaining a healthy posture, and more.

Cost: \$3 members, \$6 non-members Drop-in Rate

Location: Plummer Park, Room 1 & 2

Monday 2 pm – 3 pm Wednesday 11 am – 12 pm Friday 2 pm – 3 pm

Chair Yoga

Imagine getting an aerobic workout, burning calories and toning your muscles without ever leaving your chair! Try this alternative to conventional forms of exercise. It really works! Note: Bring a towel for your chair and light hand weights if you have them.

Cost: \$2 members, \$4 non-members Drop-in Rate

Location: Plummer Park, Art Room 2 Tuesday & Thursday 10:15 am – 11 am

Tai Chi

Movements are gentle and graceful, and a safe way to relieve arthritis pain and gain balance, strength, and flexibility.

Cost: \$5 members, \$8 non-members Drop-in Rate

Location: Plummer Park, Fiesta Hall
Tuesday & Thursday 9:30 am - 11 am

Yoga

Combines physical poses with relaxation and breathing techniques; alleviates the symptoms of high blood pressure, arthritis and poor sleep. By participating in yoga classes a few days a week, you may even be able to eliminate costly medications.

Cost: \$5 members, \$8 non-members Drop-in Rate

Location: Plummer Park, Room 1 & 2 Monday, Thursday, Friday 10:30 am - 11:30 am

INFORMATION ABOUT OUR CLASSES:

The first class is always free! All classes are for those over 55 years old. Pay only for those classes you attend!

ANNUAL MEMBERSHIP INFORMATION:

Individual: \$15 Resident \$18 Non-Resident Couple: \$25 Residents \$30 Non-Residents

Contact the JFS Activity Department at (323) 876-1717.

TENNIS

The City of West Hollywood contracts with iTennis, Inc. to provide tennis programs and services at both Plummer Park and West Hollywood Park. They offer group and private lessons for youth and adults. Whether you are looking to learn the basics, improve your game and no matter what your skill level, iTennis has a class to fit your needs. You can join anytime during the session and pay a pro-rated fee. For the most current class schedules and locations or to sign up for a fee trial class visit itennisweho.com. All classes meet once per week.

ADULTS

Adult Beginner I

Introduces players to the fundamental strokes of tennis: groundstrokes, volleys, serves & overheads. Players who complete the session may expect to be familiar with some rudimentary tennis terminology, the layout of the court, groundstrokes and volleys. Designed for complete beginners or players who are returning to the game after years off.

Ages: 18+ years | Duration: 1 hour

Cost: \$22 / class | Class length: 8-12 weeks

Adult Beginner II (NTRP 2.5-3.0)

Players should be able to sustain rallies and be able to successfully get in serves and play points. Players will learn basic movement, improve technique, and play fun king of the court and live ball games.

Ages: 18+ years | Duration: 1.5 hours
Cost: \$33 / class | Class length: 8-12 weeks



Adult Intermediate I (NTRP 3.0-3.5)

Fun work-out based class for players with substantial tennis experience. The class begins with drilling of all strokes and leads into a fun cardio workout with singles and doubles points, rallying at average speeds.

Ages: 18+ years | Duration: 1.5 hours
Cost: \$33 / class | Class length: 8-12 weeks

Adult Intermediate II 'Live Ball' (NTRP 3.5-4.0)

Dynamic class focusing on fast paced drills, running and a great workout. Warm up drills are followed by action paced live ball games, rallying at moderately high speeds.

Ages: 18+ years | Duration: 1.5 hours
Cost: \$33 / class | Class length: 8-12 weeks



Adult Advanced 'Live Ball' (NTRP 4.0+)

Similar to the Adult Intermediate II workout, this class is designed for an even higher level, experienced player. Emphasis is on drills, games, a great workout, rallying at high speeds.

Ages: 18+ years | Duration: 1.5 hours
Cost: \$33 / class | Class length: 8-12 weeks

Tennis Fitness – All Levels

This class open to adults and kids ages 13 and up. This class will get you in TENNIS shape. Tennis specific drills and exercises, both on and off the court, will be used to help with conditioning, muscle tone, agility, speed, quickness, and explosiveness. Come sweat, smile and have fun!!

Ages: 13 and up, Adults & Kids | Duration: 1 hour WORKOUT!

Cost: \$16.50 / workout | Class length: 8-12 weeks

Jr. Academy

This class is designed for Advance Juniors. Focus is on match play, advance drilling, strategy and physical training. **Requirements:** Tournament players. **Instructor recommendation required.**

Ages: 8 – 14 years Duration: 1.5 hours

Cost: \$33 / class | Class length: 8-12 weeks

High Performance Academy

This class is designed for our highest performing Junior & Teen Players. Focus is on match play, advance drilling, strategy, and physical training. *Requirements:* Tournament players and/or High School Varsity. *Instructor recommendation required.*

Ages: Up to 18 years | Duration: 1.5 hours Cost: \$33 / class | Class length: 8-12 weeks

Tiny Tots

Class is typically taught with mini-nets and low compression balls. The focus is drills to help improve coordination, ground-strokes, volleys, and understanding of the basics of the game of tennis. The goal of this class is to introduce young players to the tennis and instill an enjoyment of the game.

Ages: 4 – 6 years | Duration: 1 hour
Cost: \$22 / class | Class length: 8 weeks

Future Stars

Focus: Learning the fundamental strokes of ground-strokes and volleys in conjunction with proper movement/footwork. Drills and games are played on the regular court; low-compression balls are often used to improve success in drills and games. **Goal:** Players should be familiar with the fundamental strokes and be able to perform them with some movement.

Ages: 6 – 8 years | Duration: 1 hour Cost: \$22 / class | Class length: 8 weeks

Big Hitters

Focus: Further refining fundamental strokes (including the overhead) and movement in order to hit more consistently and accurately. Introduction to the serve. Goal: Players should demonstrate familiarity with fundamental strokes and proper movement, and be more comfortable playing from farther back in the court with either regular or low-compression balls ("green dot" balls).

Ages: 8 – 10 years | Duration: 1 hour Cost: \$22 / class | Class length: 8 weeks

Jr. Development I (Novice)

No prior tennis experienced required. New players are recommended to join at the start of a session. Focus is on introduction and development of tennis fundamentals and games.

Ages: 10 – 13 years | Duration: 1 hour Cost: \$22 / class | Class length: 8 weeks

Jr. Development II (Intermediate)

Focus is on drilling, conditioning, live-ball games, and serving. There is a greater emphasis on learning the rules of tennis and implementing technique into live-ball drills/games. Players will work on developing their service game for the purpose of playing matches. *Requirements:* Players demonstrate fundamental stroke proficiency and consistency. Some match experienced preferred, but not required. *Instructor recommendation required.*

Ages: 10 - 13 years | Duration: 1 hour Cost: \$22 / class | Class length: 8 weeks





Teens I (Novice)

For beginner and novice teen players. No prior tennis experienced required. New players are recommended to join at the start of a session. The focus of this class is on introduction and development of tennis fundamentals and games.

Ages: 13 – 18 years | Duration: 1 hour
Cost: \$22 / class | Class length: 8 weeks

ITENNIS SUMMER CAMP FOR YOUTH

iTennis offers summer camps for ages 6-16. These camps feature half day and full day options with morning tennis drills and games, supplemented with afternoon match play and activities. For more information or to register for camp visit itennisweho.com or call the iTennis pro shop at (323) 450-7560.

New divided into two sessions:

Session I: June 4 - July 13, 6 weeks Session II: July 16 - August 24, 6 weeks

Registration is ongoing.

Ages: 6 - 16 | Location: Plummer Park Times: Half Day: 9 am - 12 pm or 1 pm - 4 pm

Full Day: 9 am - 4 pm

Cost: \$295 per week 1/2 day; \$450 per week full day

Summer Camp Session I:

Week 1 June 4 - 8 Week 2 June 11 - 15 Week 3 June 18 - 22 Week 4 June 25 - 29

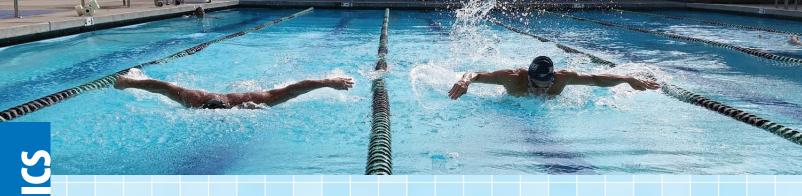
Week 5 July 2 - 6 (No camp on July 4)

Week 6 July 9 - 13

Summer Camp Session II:

Week 1 July 16 - 20
Week 2 July 23 - 27
Week 3 July 30 - August 3
Week 4 August 6 - 10
Week 5 August 13 - 17
Week 6 August 20 - 24





AQUATICS

The West Hollywood Aquatic Center strives to offer affordable and safe aquatics programs for the entire community. These aquatics programs are offered to people of all ages. The Aquatic Center is located at 647 N. San Vicente Boulevard between Melrose Avenue and Santa Monica Boulevard. It is conveniently located inside of the West Hollywood Park, adjacent to the West Hollywood Library. The pool features a disabled access ramp, as well as ladders and stairs for convenient entry to all. OFFICE HOURS: Monday - Friday 6 am - 7 pm

VISIT OUR WEBSITE FOR CLASS DESCRIPTIONS: weho.org/pool

Aquatic Center Closures Dates:

Saturday, June 2 - Sunday, June 17 Wednesday - July 4 (Independence Day)

Aquatic Center Early Closure Dates (Lifeguard In-Service Training):

Wednesday - July 11 (Facility closes at 6 pm) Saturday - July 14 (Facility closes at 12 pm) Wednesday - August 8 (Facility closes at 6 pm)

Bummer Kick Off Dive-In Movie: Mouna

Ages: All Ages | Min: 5 | Max: 150 | Location: West Hollywood Aquatic Center

Date: Saturday, June 30 | Time: 6:45 pm - 7:45 pm - Social Hour w/ Snacks 7:45 pm - 9:30 pm - Movie | Cost: FREE!

In celebration of July's Park & Recreation Month, the West Hollywood Aquatic Center is bringing back the Dive-In Movie!! Please join us for a fun-filled evening of swimming and chilling under the stars!! The capacity for this event is 175 inside of the Aquatic Center. Additional seating for up to 35 persons will be available outside of the Aquatic Center. Please remember that the event is first come first serve and will very likely reach capacity.

Summer Swim Lessons PRIVATE Ages: 4 years and up | Min: 1 | Max: 5

Private lessons are offered for one participant per instructor. Classes are scaled to the participant's skill level.

Session Dates:	Days:	Times: 8:35am	9:05am	9:35am	10:05am	10:35am	11:05am	11:35am	12:05pm	12:35pm	4:35pm	5:05pm	5:35pm	Cost:
June 18 - 21	M-Th	8367	8368	8369	8370	8371	8372	8373	8374	8375	8376	8377	8378	\$50
June 25 - 28	M-Th	8420	8421	8422	8423	8424	8425	8426	8427	8428	8429	8430	8431	\$50
July 2 - 5 (No Class on July 4 th)	M-Th	8433	8434	8435	8436	8437	8438	8439	8440	8441	8442	8443	8444	\$37.50
July 9 - 12	M-Th	8460	8461	8462	8463	8464	8465	8466	8467	8468	8469	8470	8471	\$50
July 16 - 19	M-Th	8380	8381	8382	8383	8384	8385	8386	8387	8388	8389	8390	8391	\$50
July 23 - 26	M-Th	8393	8394	8395	8396	8397	8398	8399	8400	8401	8402	8403	8404	\$50
July 30 - August 2	M-Th	8354	8355	8356	8357	8358	8359	8360	8361	8362	8363	8364	8365	\$50
August 6 - 9	M-Th	8341	8342	8343	8344	8345	8346	8347	8348	8349	8350	8351	8352	\$50
July 14 - 28	Sat		8446	8447	8448	8449	8450	8451						\$37.50
July 15 - 29	Sun		8453	8454	8455	8456	8457	8458						\$37.50
August 4 - 18	Sat		8406	8407	8408	8409	8410	8411						\$37.50
August 5 - 19	Sun		8413	8414	8415	8416	8417	8418						\$37.50



Summer Swim Lessons STARBABIES & STARTOTS (FORMERLY LITTLE FISH PARENT/CHILD

Ages: 6 months - 3 years | Min: 2 | Max: 20

The purpose of this course is to develop in very young children a high comfort level in the water while at the same time training the adults who accompany them in water safety and drowning prevention. This course does not teach children to become accomplished swimmers or to survive in the water; it does provide a confidence-building, fun, and loving experience. One adult must be in the water with each child. Swim Diapers required.

Session Dates:	Days:	Times: 9:35am	10:05am	10:35am	4:35pm	Cost:
June 18- 28	M-Th	8676			8677	\$40
July 2 - 12 (No Class on July 4 th)	M-Th	8679			8680	\$35
July 16 - July 26	M-Th	8673			8674	\$40
July 30 - August 2	M-Th	8688			8689	\$20
August 6 - 9	M-Th	8694			8695	\$20
July 14 - 28	Sat		8682	8683		\$15
July 15 - 29	Sun		8685	8686		\$15
August 4 - 18	Sat		8691	8692		\$15
August 5 - 19	Sun		8697	8698		\$15

Summer Swim Lessons STARFISH SWIM SCHOOL FOR PRESCHOOLERS (FORMERLY

PRESCHOOL) Ages: 3 - 6 years | Min: 1 | Max: 12 Designed to meet the needs of children ages 3 to 6, this course will develop a high comfort level in the water and a readiness to swim, and for those children who are developmentally ready, it will teach functional swim skills. This class approaches teaching swimming through fun and creative activities in the water. Students work towards developing the five competencies and progress towards achieving the benchmarks at their own pace in a small-group setting.

Session Dates:	Days:	Times: 9:05am	9:35am	4:35pm	5:05pm	Cost:
June 18 - 28	M-Th	8551	8552	8553	8554	\$40
July 2 - 12 (No Class on July 4 th)	M-Th	8555	8556	8557	8558	\$35
July 16 - July 26	M-Th	8559	8560	8561	8562	\$40
July 30 - August 2	M-Th	8563	8564	8565	8566	\$20
August 6 - 9	M-Th	8567	8568	8569	8570	\$20

Summer Swim Lessons STARFISH STROKE SCHOOL (FORMERLY LEVELS 1 - 4)

Ages: 6 - 14 years | Min: 2 | Max: 20

Starfish Stroke School (Formerly Levels 1-4): Students work toward development of the five core swimming competencies using age-appropriate learning activities. Learning is self-paced, but challenging.

Session Dates:	Days:	Times: 9:05am	9:35am	4:35pm	5:05pm	Cost:
June 18 - 28	M-Th	8592	8593	8594	8595	\$40
July 2 - 12 (No Class on July 4 th)	M-Th	8596	8597	8598	8599	\$35
July 16 - July 26	M-Th	8600	8601	8602	8603	\$40
July 30 - August 2	M-Th	8604	8605	8606	8607	\$20
August 6 - 9	M-Th	8608	8609	8610	8611	\$20

Summer Swim Lessons STARFISH STROKE SCHOOLADVANCED (FORMERLY LEVELS 5 - 6)

Ages: 6 - 14 years | Min: 1 | Max: 4

Students refine freestyle and learn stroke technique for backstroke, butterfly, and breaststroke while developing endurance. This course is for students of all ages who have achieved the green Swim School benchmarks. Students must pass the green swim benchmark before enrolling, which requires all students to swim 30 feet of freestyle with side breathing.

Session Dates:	Days:	Times: 9:05am	9:35am	4:35pm	5:05pm	Cost:
June 18 - 28	M-Th	8612	8613	8614	8615	\$40
July 2 - 12	M-Th	8616	8617	8618	8619	\$35
(No Class on July 4th)						
July 16 - July 26	M-Th	8620	8621	8622	8623	\$40
July 30 - August 2	M-Th	8624	8625	8626	8627	\$20
August 6 - 9	M-Th	8628	8629	8630	8631	\$20



The West Hollywood Jr. Lifeguard Program

In this program, participants will be introduced to the duties and responsibilities of a lifeguard and learn about pool safety, First Aid, CPR, stroke refinement and water rescue skills. This program will also focus on teaching participants the importance of discipline, team work, leadership, personal fitness and nutrition and creating new friendships.

Ages: 9	15 years	Min: 6	Max: 25		
Session Na	me: Class#:	Session Date	es: Days:	Times:	Cost:
6 Weeks	8721	June 25 - Aug	g. 1 M/W	10 am - 2:30 pm	\$300
Week 1	8715	June 25 / 27	M / W	10 am - 2:30 pm	\$60
Week 2	8716	July 2	M/W	10 am - 2:30 pm	\$30
Week 3	8717	July 9 / 11	M/W	10 am - 2:30 pm	\$60
Week 4	8718	July 16 / 18	M/W	10 am - 2:30 pm	\$60
Week 5	8719	July 23 / 25	M/W	10 am - 2:30 pm	\$60
Week 6	8720	July 30 / Aug	. 1 M/W	10 am - 2:30 pm	\$60

The West Hollywood Splash Camp (Half Day)

Dip, Dive, Dash & Splash! Get in the pool for water games, team challenges and some swimming instruction. All Splash Camp counselors are certified lifeguards. Campers must bring their own snack.

Ages: 6 – 12 years

Session Nam	e: Class#:	Session Dates:	Days:	Times:	Cost:
Week 1	8320	July 30 - Aug. 3	M - F	12 pm - 5:30 pm	\$170
Week 2	8321	August 6 - 10	M - F	12 pm - 5:30 pm	\$170



Blast Swim Team

BLAST is a year-round competitive swim team offering high quality professional coaching and technique instruction for all ages and abilities. The goal of our team is to provide every swimmer an opportunity to improve swimming skills and achieve success at their own personal level of ability from novice to international competitor. Led by a philosophy that hard work, consistency, dedication and good sportsmanship are requirements for great success, swimmers, coaches and families must work and bond together as a team to achieve the maximum level of success. The BLAST experience will instill positive life qualities and skills benefiting athletes far beyond their years on the team. Always remember to "Strive For Excellence!"

Website: weho.org/teamblast

Practice Times: Monday - Friday 2:25 pm - 4:25 pm

Lap Swim Schedule

The dates and times of this program vary; please refer to weho.org/pool for the most current schedule.

LAP SWIM SESSION FEES:

Residents: \$2 (per session) | Non-Residents: \$5 (per session)

LAP SWIM PASS FEES:

10 SWIMS: Residents: \$15 | Non-Residents: \$25 25 SWIMS: Residents: \$35 | Non-Residents: \$60



Recreation Swim Hours

The dates and times of this program vary; please refer to weho.org/pool for the most current schedule.

RECREATIONAL SWIM SESSION FEES:

Adult Residents: \$2 | Adult Non-Residents: \$3 Child Residents: \$1 | Child Non-Residents: \$2

E New Program Starts July 2nd =

Just Add Water Fitness Club

Thorough research through the years has proven water-based training drastically increases endurance, metabolism, mobility, and strength. Normally associated with professional swimming workouts, you can now experience these benefits with our series of water aerobics courses! Join us for an upbeat aquatic adventure that caters to all of your fitness needs from joint therapy to cardiovascular conditioning. By using an array of equipment and eclectic playlists, our proficient instructors spice up your exercise regimen with enthusiasm and motivation.

Ages: 18+ years | **Min:** 5 | **Max:** 60



Cardio Rock 'n' Roll Monday 10:05 am - 11:05 am

Join us for this pool party of a workout. Low-impact but high intensity, this is a class for all abilities wanting to bring new life into their aerobic routine. A cardio-based series of progressions create a full-body workout using foam dumbbells to build muscular strength and endurance while rocking out to lively music that keeps the energy level high. Patrons have the option to be in the shallow or deep end, and all movements are offered a modification to cater to all physical needs.

Active Balance Tuesday 10:05 am - 11:05 am

This rhythmically choreographed class combines Latin dance with aerobic agility to bring a balance of flexibility, strength, and coordination designed to increase efficiency in your day to day activities. In this class, specific muscles groups are targeted in each movement with an emphasis on stretching and fluidity that is easy on the joints and promotes full range of motion.

Cardio Rock 'n' Roll Wednesday 10:05 am - 11:05 am

Join us for this pool party of a workout. Low-impact but high intensity, this is a class for all abilities wanting to bring new life into their aerobic routine. A cardio-based series of progressions create a full-body workout using foam dumbbells to build muscular strength and endurance while rocking out to lively music that keeps the energy level high. Patrons have the option to be in the shallow or deep end, and all movements are offered a modification to cater to all physical needs.

Aqua Explosion Wednesday 7:05 pm - 8:05 pm

Here to take your workouts to the next level, this circuit-based class facilitates high energy expenditure without the joint stress by using elements of tabata, kickboxing, and alactic sets for lactic acid tolerance and strength conditioning. Known as high intensity interval training, this class is adapted to the aquatic environment to promote low impact resistance movements that increase power and stamina for an elevated experience.

Active Balance Thursday 10:05 am - 11:05 am

This rhythmically choreographed class combines Latin dance with aerobic agility to bring a balance of flexibility, strength, and coordination designed to increase efficiency in your day to day activities. In this class, specific muscles groups are targeted in each movement with an emphasis on stretching and fluidity that is easy on the joints and promotes a full range of motion to reduce onset muscle soreness and stiffness.

Anti-Gravity Total Body Friday 10:05 am - 11:05 am

Taught in the 9ft area of the pool, this zero-impact class is a series of aerobic and anaerobic vertical movements that achieve a total body workout. Varying intensities push metabolic rate as endurance is combined with active recovery. Patrons are welcome to wear a flotation belt provided by the facility as well as experience the class from the shallow end.



Aqua Explosion Saturday 12:05 pm - 1:05 pm

Here to take your workouts to the next level, this circuitbased class facilitates high energy expenditure without the joint stress by using elements of tabata, kickboxing, and alactic sets for lactic acid tolerance and strength conditioning. Known as high intensity interval training, this class is adapted to the aquatic environment to promote low impact resistance movements that increase power and stamina for an elevated experience.

AEA Power Stability

Sunday 12:05 pm - 1:05 pm

Our certified arthritis instructors provide a modified program that gently builds strength in joints and muscle groups as steps to achieve physical independence, full range of motion mobility, and dexterity. Each exercise is specified to promote overall wellness and body awareness through toning and stretching that translates to the movements daily tasks demand outside of the water. The pool is heated to 86 degrees to relax muscles and blood flow for a comfortable yet stimulating workout.

JUST ADD WATER FITNESS CLUB DROP-IN FEES:

Residents: \$4 per class
Non-Residents: \$6 per class
Senior (55+)/Disabled: \$3 per class

JUST ADD WATER FITNESS CLUB PASS [10 CLASSES]:

Residents: \$35 Non-Residents: \$55 Senior (55+)/Disabled: \$20

Residency is determined by providing valid proof of West Hollywood residence upon admission. Proof of Residency is determined by using a valid California Driver's License or ID, Military ID, and/or Utility Bill.

Just Add Water Fitness Extravaganza

We are excited to announce the official release of our new water aerobics program! Join us for a high energy, single-day event that showcases each of our original classes designed for all fitness levels that bring enthusiasm and passion into the world of fitness. Get a chance to meet our highly trained instructors as you are guided through the elements each class offers and end the day with a social hour of refreshments. See you there!

REGISTRATION/RESERVATION AND REFUND POLICY

Registration Information

- Registration is required for all recreation programs. Register early, as programs may have to be cancelled without meeting the minimum enrollment.
- Recreation programs are NOT prorated.
- Register online at weho.org/recreation or you may register in person at West Hollywood Park or Plummer Park.
- Check, credit card, or money orders are accepted forms of payment. NO CASH.

Late Pick-Up Policy

Parents and/or Guardians must pick up children and youth participants ON TIME at the end of each class or camp day. THERE IS NO GRACE PERIOD. Should the participant be picked up late, a \$1 per minute late fee will be charged, starting the minute after the end of class. Late fees much be paid before the child can return to the program or class. If a parent or guardian is repeatedly late picking up their child, they risk suspension from the program without refund.

Recreation Programs Refund Policy

- Requests for withdrawals, refunds or transfers for all Recreation Programs require written notice via email to recreation@weho.org ten days prior to start date of the program. Submitting a refund request does not ensure the refund will be granted.
- Make-up classes or refund will NOT be given for any dates missed by patron for any reason.
- Full refunds are available for classes that are cancelled by the city.
- A refund check is issued for all check or money order transactions. This refund process takes 4 6 weeks. Credit card transactions will be refunded to the same credit card within five business days.
- A \$5 administrative fee will be charged per transaction per participant.

Aquatics Facility Credit / Refund Policy

- If the facility is closed for an unforeseen reason, the Aquatics programs or classes for that date or dates will be refunded.
- Make-up lessons, or refunds will not be given for any dates missed by patrons for any reason.
- Requests for withdrawals, refunds, and transfers for all Aquatics programs and classes must be made ten days prior to the start date of the program or class.
- Requests for withdrawals, refunds, and transfers for all Aquatics programs must be submitted via email to the Aquatics Supervisor, Cortez Jordan, at cjordan@weho.org.

Reservation Information

- Facility reservations must be made at least two weeks in advance.
- You may reserve facilities online at weho.org/recreation.

Facility Reservation Refund Policy

- Reservation refunds or change of facility require written notice ten days prior to reservation date via email to recreation@weho.org. Submitting a refund request does not ensure the refund will be granted.
- Refunds will not be issued with less than ten day notice.
- A refund check is issued for all check or money order transactions. This refund process takes 4 - 6 weeks. Credit card transactions will be refunded to the same credit card within five business days.
- A \$5 administrative fee will be charged per transaction per participant.



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FOR MORE INFORMATION
(323) 848-6530



The City of West Hollywood has a variety of parks, an Aquatic Center, tennis and paddle courts.

West Hollywood Park and Plummer Park facilities are available for recreational events, community meetings, and sports activities.

Kings Road Park is reservable for community events Monday through Saturday on a limited basis. No bookings are accepted for Sundays.

Call the park offices for details. All park facilities are open seven days a week.

Plummer Park Community Center Closures

Friday, June 8 - Sunday, June 10 Wednesday, July 4 - Independence Day

Plummer Park Community Center Early Closures

Wednesday, June 6 - Thursday, June 7 (Closes at 5 pm)

West Hollywood Park Closures

Saturday, June 2 - Sunday, June 17 Wednesday, July 4 - Independence Day

Aquatic Center Closures

Saturday, June 2 - Sunday, June 17 Wednesday, July 4 - Independence Day

Aquatic Center Early Closures

LIFEGUARD IN-SERVICE TRAINING

Wednesday, July 11 - Facility closes at 6 pm Saturday, July 14 - Facility closes at 12 pm Wednesday, August 8 - Facility closes at 6 pm

West Hollywood Park (323) 848-6534

647 N. San Vicente Blvd., West Hollywood

Park Hours: 6 am - 12 midnight Office Hours: 9 am - 10 pm Tiny Tot Office: (323) 848-6537

Dog Parks

Hours: 6 am - 12 midnight

Aquatic Center (323) 848-6538

647 N. San Vicente Blvd., West Hollywood

William S. Hart Park (Dog Park) (323) 848-6308

8341 De Longpre Ave., West Hollywood Park Hours: 10 am - 6 pm

Plummer Park (323) 848-6530

7377 Santa Monica Blvd., West Hollywood

Park Hours: 6 am - 10 pm Office Hours: 9 am - 10 pm

Sal Guarriello Veterans' Memorial

8461 Santa Monica Blvd., West Hollywood

POCKET PARKS

Pocket Parks Hours:

Monday - Friday 9 am - dusk Saturday & Sunday 10 am - dusk

Formosa Park

1140 N. Formosa Ave., West Hollywood

Havenhurst Park

1351 Havenhurst Ave., West Hollywood

Laurel Avenue Park

1343 N. Laurel Ave., West Hollywood

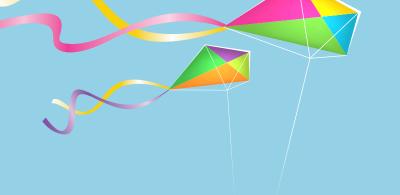
Kings Road Park (323) 848-6534

1000 N. Kings Road, West Hollywood

City of West Hollywood Recreation Services

8300 Santa Monica Blvd. West Hollywood, CA 90069 (323) 848-6308





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